

**ALLERGY MENU**  
**(PLEASE ADVISE SERVER OF ANY ALLERGIES)**

✓ Check Mark Contains the Ingredient

**appetizers**

<b>Food</b>	<b>Nuts</b>	<b>Wheat</b>	<b>Flour</b>	<b>Dairy</b>
Pappadum	CONTAINS PEANUT OIL		✓	
Veg Samosa			✓	
Beef Samosa			✓	
Onion Bhaji			CHICK PEA FLOUR	
Veg Pakora			CHICK PEA FLOUR	
Honey Chili Cauliflower	SESAME SEED GARNISH		✓	
Papri Chaat			✓	✓
Paneer Pakora			CHICK PEA FLOUR	✓
Tandoori Flatbread			✓	✓
Chicken Pakora				
Fish Pakora			CHICK PEA FLOUR	

**soups and side dishes**

<b>Food</b>	<b>Nuts</b>	<b>Wheat</b>	<b>Flour</b>	<b>Dairy</b>
Lentil Soup				
Mulligatawny				✓
Kachumber Salad				Vinaigrette Dressing
Cucumber Raita				✓
Green Salad				
Mango Chutney				

## clay oven

Food	Nuts	Wheat	Flour	Dairy
Tandoori Chicken				✓
Chicken Tikka				✓
Tandoori Prawns				
Fish Tikka				✓
Paneer Tikka				✓
Mint Chicken Tikka				✓

## meat specialties

Food	Nuts	Wheat	Flour	Dairy
Butter Chicken				✓
Traditional Butter Chicken				✓
Chicken Tikka Masala				✓
Coconut Chicken				
Lamb Kashmeri				
Beef Dopiazza				
Goat Curry				

## Chicken, Lamb or Beef Dishes:

Food	Nuts	Wheat	Flour	Dairy
Korma	✓			✓
Vindaloo (Very spicy)				✓
Rogan Josh				✓
Spinach Ghost				
Madras (spicy)	COCONUT			
Bhoona				

## *इटाfood विशेष*

Food	Nuts	Wheat	Flour	Diary
Prawn Korma	✓			✓
Prawn Masala				✓
Prawn Coconut Curry				
Prawn or Fish Curry			✓ Can be made without	
Seafood Curry				✓

## *hakka style*

Food	Nuts	Wheat	Flour	Dairy
Chili Chicken			✓ Soya Sauce has Wheat Can be made without	
Chili Paneer			✓ Soya Sauce has Wheat Can be made without	✓
Veg Manchurian			✓	
Chicken Manchurian			✓	
Prawn Chili			✓	
Hakka Noodles			✓ Soya Sauce has Wheat Can be made without	

# vegetarian dishes

Food	Nuts	Wheat	Flour	Dairy
Bombay Potatoes				✓ CAN BE MADE WITHOUT
Alloo Ghobi				
Channa Masala				
Malai Kofta	✓		✓	✓
Bhindi Dopiaza				
Eggplant Bharta				
Vindaloo Sabzi (Very spicy)				
Dal Makhani				✓ CAN BE MADE WITHOUT
Yellow Dal				
Palak Paneer			✓ CORN FLOUR	✓
Alloo Muttar				
Muttar Paneer				✓
Shai Paneer				✓
Kofta Korma	✓ coconut		✓	✓
Navrattan Korma	✓			✓
Khadai Paneer				✓

## bread

Food	Nuts	Wheat	Flour	Diary
Plain Naan			✓	✓
Garlic Naan			✓	✓
Roti		✓		
Gluten Free Roti				
Onion Kulcha			✓	✓
Alloo Naan			✓	✓
Spinach & Cheese Naan			✓	✓
Paratha		✓		
Coconut Naan			✓	✓
Karma Special Naan			✓	✓

## rice

Food	Nuts	Wheat	Flour	Dairy
Basmati Rice				
Coconut Rice				
Jeera Rice				
Saffron Rice				
Peas Pilau				
Karma Fried Rice				
Veg Biryani				
Chicken, Beef, Lamb Biryani				
Prawn Biryani				

# desserts

Food	Nuts	Wheat	Flour	Dairy
Chocolate Delight			✓	✓
Karma Cheesecake			✓	✓
Kheer				✓
Gulab Jamon			✓	✓
Mango Fruit Cream			✓	✓
Indian Ice Cream	✓			✓